

Circles™ Initiative Meeting Principles & Guidelines

- It is important to have a comfortable atmosphere
- It is important to have the freedom to share without fear
- It is important to laugh often and have fun
- It is important to feel good about ourselves and others
- It is important that we do not compete with one another about whose life has been better or worse
- It is important to respect everyone regardless of appearance or who they are

In order to have the above results, these principles are agreed upon to guide our group.

1. Confidentiality is important. What is said at a meeting stays at a meeting.
2. Be responsible if you can't be here. Call and let someone know.
3. Respect one another. Be yourself. No peer pressure.
4. Treat others as equals, as you would yourself.
5. Understand another's point of view.
6. Listen carefully to each person.
7. Lets others finish their stories.
8. No cell phones.
9. I agree not come to Circles under the influence of alcohol or drugs.
10. Oops and Ouch, I agree to be sensitive to others concerns and to share and hear an OUCH when a statement offends another and to accept the Oops or apologies of those who have offered the offense.